

Semi-Independent Living Program

The Semi-Independent Living Program (SILP) provides affordable housing and case management services for mentally ill adults through the Indiana Division of Mental Health and Addiction. Case managers help clients access community resources so that they can achieve the greatest level of independence possible, with the goal of becoming integrated into the community.

The Semi Independent Living Program houses up to 37 clients in its on-site facility in Elkhart. Each apartment provides residents with their own bedroom, and they share a bathroom, kitchen, and living room. Residents can stay at SILP as long as deemed clinically necessary by their treatment team. Some residents are employed, others volunteer or are involved in other productive activities.

Residents are expected to follow their treatment structure, which can include attending psychiatric medication briefs; regular meetings with case manager; regular attendance to groups or individual therapy; and taking medications as directed.

Employment Opportunities Unlimited

Employment Opportunities Unlimited (EOU) is a supported employment program that works with employers in the community to develop work opportunities for individuals with mental health issues who have been out of the work force for an extended period of time.

Employment specialists help clients find the right job and provide ongoing support. Applicants are pre-screened and referred to employers based on their qualifications for specific positions. Job coaching and follow-along support are provided to assist clients in learning and maintaining their jobs. These services are provided at no cost to the employer.

For more information

For more information about any of the Community Support Programs, contact the CSP director at (574) 533-1234, ext. 353.



OAKLAWN

Toward Health and Wholeness

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Community Support Programs



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Community Support Programs

Oaklawn offers a variety of programs to support persons who have a serious and persistent mental illness. The goal of all Community Support Programs is to assist clients in living as independently as possible in the community.

Assertive Community Treatment for Adults

The Assertive Community Treatment (ACT) program provides an integrated continuum of care for mentally ill adults. A multidisciplinary team of professionals includes case managers, nurses, addictions, supported employment specialists, a physician and a therapist. The ACT program helps consumers through:

- better control of symptoms;
- lower use of inpatient services;
- better quality of life;
- more independent living;
- improved substance abuse outcomes;
- higher rates of competitive employment;
- greater consumer and family member satisfaction.

The cornerstone of the ACT approach is a recovery concept to rehabilitative mental health treatment. Services are tailored to each individual with the primary goals of decreasing psychiatric hospitalizations and increasing stable housing. Additional goals may include stable employment, continuing education and meaningful relationships. Informal supports to consumers (family, loved ones, landlords, etc.) are essential treatment partners and are encouraged to attend treatment planning meetings.

Adult Case Management

Adult Case Management (ACM) is a team of case managers who provide services eight hours a day, Monday through Friday. Case managers serve as advocates for clients, linking them to community services and helping them live independently. Some have specialty areas and may work with clients diagnosed with both an addiction and a mental illness (dual diagnosis). Others help clients with financial management or assist those who are homeless.

The primary goal of ACM is to help clients become as independent as possible and to be reintegrated into the community at large. To achieve this goal, ACM case managers work with clients to acquire community resources, which can include: Medicaid; Medicare; food stamps; Social Security benefits; public housing; Section 8 housing; and vocational rehabilitation services.

In addition, case managers help clients coordinate their psychiatric care with Oaklawn, including appointments with a psychiatrist; medication monitoring and management; individual and group therapies; and teaching daily living skills.

Continuing Support Team

The primary goal of the Continuing Support Team (CST) is to provide medication management for clients to assist them in maintaining stability in the community. This goal is achieved through providing:

- medication briefs
- phone support
- weekly medication management
- long-acting medication injections
- samples of medication

- pharmaceutical company Patient Assistance Programs
- management of the Clozaril program

Case management and family education are other vital goals of this program. The CST case manager provides minimal case management for selected clients as well as linkages between the CST program and other Oaklawn programs for adults to ensure specific needs are being met.

Supervised Group Living

The Supervised Group Living (SGL) program is a 24-hour staffed group living program for up to 15 seriously mentally ill adults. Located in Goshen, Indiana, the group home has community and activities areas, a dining area, kitchen, staff offices, meeting rooms, and a secure individual bedroom for each resident. Residents can stay at SGL for as long as clinically necessary, although the average length of stay for successful completion of the program is 12 months.

Treatment consists of individual and group activities of daily living skills training, medication monitoring, case management, and an individualized treatment plan. Residents are expected to participate in all structured activities at SGL. Connecting with other community services is an integral part of the SGL program. The primary goals of SGL are:

- to enable the seriously mentally ill to be able to function in the community;
- to minimize psychiatric hospitalizations;
- to convey a sense of value and dignity to each individual through preparation and encouragement to become a functioning, independent part of the community.