



# Supervised Group Living

*Supervised Group Living provides a safe, structured, therapeutic environment for residents as a transition toward independent living in the community. SGL offers group and individual instruction on a variety of daily living skills and helps residents understand how to function and cope with their mental illness.*

## About SGL

The Supervised Group Living (SGL) program is a 24-hour staffed group living program for up to 15 seriously mentally ill adults. Located in Goshen, Indiana, the group home has community/activities areas, a dining area, kitchen, staff offices, meeting rooms, and a secure individual bedroom and bathroom for each resident. Residents can stay at SGL for as long as clinically necessary, although the average length of stay for successful completion of the program is 12 months.

## Treatment goals

Treatment consists of individual and group activities of daily living skills training, medication monitoring, case management, and an individualized treatment plan. Residents are expected to participate in all structured activities at SGL. Connecting with other community services is an integral part of the SGL program. The primary goals of SGL are:

- to enable the seriously mentally ill to be able to function in the community;
- to minimize psychiatric hospitalizations;
- to convey a sense of value and dignity to each individual through preparation and encouragement to become a functioning, independent part of the community.

## Family involvement

Staff contact with families is contingent on approval by the resident. The staff welcome family members to attend the 90-day treatment team staffing to review the treatment plan. The family is also encouraged to attend a family education event that is held the fourth Wednesday of every month. Residents receive regular education through a partial hospital group called "Symptom Recognition."

## Criteria for admission

SGL is appropriate for adults who have a serious and persistent mental illness and who:

- are at least 18 years of age or older;
- are an active Oaklawn client;
- not dangerous to themselves or others;
- have a minimum full-scale IQ of 75 or above (IQ results between 70-75 are evaluated on an individual basis).

Applicants must demonstrate a need and motivation for the program, as well as the ability to benefit from a structured therapeutic environment. Priority is given to those who are in an inpatient setting.

## Criteria for graduation

Clients are ready to graduate from the SGL program when they have:

- applied for and received all eligible benefits and available community resources;
- completed individual living skills training;
- shown compliance with their treatment plan;
- demonstrated the ability to live independently or semi-independently;
- secured subsequent housing.

## Financial information

If residents are employed or receive Social Security income, they pay up to 30% of their income for rent, which includes utilities. Program costs are supplemented through the Department of Mental Health and Addictions.

## Referrals

To make a referral to SGL, contact the Community Support Program director at (574) 533-1234, ext. 353.



**OAKLAWN**

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