

CASS
Children's Alternative
Support Services



OAKLAWN

Toward Health and Wholeness

330 Lakeview Drive, Post Office Box 809

Goshen, Indiana 46527

(574) 533-1234 or 800-282-0809

www.oaklawn.org

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OAKLAWN

Toward Health and Wholeness

*Youth with problem behaviors
can often benefit from
an intensive group where
they can share feelings and
receive encouragement
from their peers.*

*Children's Alternative Support
Services (CASS) offers a
safe, structured environment
where children can begin to
heal and grow.*

About the program

The CASS group targets children 7-11 years of age who are experiencing behavioral and/or emotional problems at home or school due to emotional trauma, loss, neglect, or abuse.

CASS is offered four hours a day, Monday through Friday at 2600 Oakland Avenue, Elkhart.

CASS is a group treatment process which helps children:

- Express their feelings
- Problem solve
- Gain self-esteem
- Learn self-control
- Support and be supported by other children in similar situations

CASS group curriculum includes the following topics:

- Anger management
(alternative problem-solving skills)
- Self-protection (teaching children to be assertive) and learning about safe touch
- Feelings (learning to "name" specific emotions)
- Addictions (educating about the effects of drug and alcohol use)
- Grief and loss
- Relaxation

Participants in CASS may be eligible for free transportation to and from the program. See program leaders for details.

Fees

Fees for CASS group are \$44 per hour. Elkhart County residents may be eligible for a reduction of fees based on family income and size. Medicaid, Medicaid rehabilitation, and commercial insurance may reimburse all or part of the fee, pending prior approval.

To make a referral

To schedule an appointment for CASS, please call Oaklawn's Access Center at (574) 533-1234, ext. 800.